

BC Aboriginal Network on Disability Society

Voices & Visions

President's Update Frazer Smith

Dear Members

As I sit here wondering what I am going to talk to you about today I am interrupted by the noise of the excavator digging and getting ready for the construction workers to build another house next door. I looked next door at the duplex that is being finished for our sisters Annie and Irene and I'm reminded of the conversations that I used to have with my dad and grandfather.

They used to talk about how things are fast changing around us, and in these conversations with them I'm reminded about

how important it is to stay in touch with our families and relatives. Which brings me to my cousins from Port Alberni who phone us to see how things are going or to tell us they will be down for a visit.

When my brother, sisters, and cousins talk to each other it lets them unload about what's bothering them. When we go home we feel better knowing that our families are there for us all the time.

As my grandfather once said, "Stay close for I want you to know that I care for you." I guess what our grandfathers and dads are saying, is you will always have a shoulder to lean on or

someone to share with. What I remember most is that my dad and granddad never ever told me anything bad, but only the good things in life, and I thank them for that. In case you're wondering why I haven't mentioned my mom or grandmother; they were who reminded my dad and grandpa to talk and share their knowledge with us. I think I will leave you with this for now. And when our paths cross maybe we can sit with one another and share.

**Thank you
Frazer Smith**

Barry Baxter who passed away suddenly in Victoria December 19, 2006.

Continued page 3

Letter from BCANDS' Member Patricia Baxter

Dear BCANDS

It is my great pleasure to donate to your organization an almost new Quantum 6000 electric wheel

chair and slightly used electronic lift chair for the use of your members. The previous owner of this equipment was my brother Richard

October 2007



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Logo by Allan Thickfoot a Cree artist who is a member of our Society.

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Four Host First Nations

About the Four Host First Nations

The Vancouver 2010 Olympic and Paralympic Winter Games are being held within the shared traditional territories of the Four Host First Nations (FHFN) ~ the Lil'wat, the Musqueam, the Squamish and the Tsleil-Waututh, who have shared these lands for thousands of years.

Because the 2010 Winter Games will be staged in the shared traditional territories of the Four Nations, the Nations recognized the importance of their involvement early in the bid process, and are proud to have played a vital and integral role in formulating and mounting a successful campaign, which culminated in Vancouver being awarded the Games on July 2, 2003 in Prague. We have been active partners since then, and we look forward to welcoming the world to our ancestral homelands during the 2010 Winter Games.

The FHFN have formed the non-profit FHFN Society, and established the FHFN Secretariat to coordinate our collective efforts as host Nations. The four Directors of the FHFN Society are: Chief Leonard Andrew, Lil'wat Nation; Chief Ernest Campbell, Musqueam Nation; Chief Bill Williams, Squamish Nation; and Chief Leah George-Wilson, Tsleil-Waututh Nation.

Unprecedented Aboriginal Participation

We are working with our 2010 partners to achieve "unprecedented Aboriginal participation" in the 2010 Winter Games. We have signed a Protocol with the Vancouver Organizing Committee for the Vancouver 2010

Olympic and Paralympic Winter Games (VANOC). The Protocol includes our commitment to work with VANOC and other partners, primarily the provincial and federal governments, to ensure that opportunities to participate in the 2010 Winter Games are extended beyond the FHFN to other First Nations, Inuit and Métis Peoples across Canada.

Accessibility

In addition to achieving unprecedented Aboriginal participation, the FHFN are working to build accessibility into all of our key priorities and activities, including the 2010

Aboriginal Trade Pavilion and Aboriginal participation in the Beijing 2008 Olympic and Paralympic Summer Games.

For example, we have proposed that the Aboriginal contributions to BC Canada House in Beijing be auditory and tactile as well as visual, to ensure that persons with disabilities will be able to fully participate and enjoy the exhibits.

We are focused on similar accessibility efforts for the 2010 Aboriginal Trade Pavilion, which will be a celebration of the diversity of Aboriginal peoples, and provide visitors with an opportunity to learn the rich history, culture and contributions of the FHFN and other Aboriginal peoples of Canada. It will offer a feast of the senses ~ Aboriginal Cuisine, traditional and contemporary art, dramatic and musical performances, opportunities to learn about Aboriginal languages and more. Our 2010 Pavilion will create an arena in which Aboriginal peoples of all abilities can develop skills and gain meaningful work experience in such fields as technical communications, media relations, event planning, culinary

arts and business administration.

FHFN Logo



The FHFN logo reflects the unique culture and spirit of the FHFN, respecting each other and working cooperatively together, united within the circle of life. The rim of the logo represents the Creator and our ancestors, watching over a human face representing each of the four Nations. In the centre, four feathers point to the cardinal directions ~ north, south, east and west ~ inviting and welcoming the athletes and peoples of the world to come to the 2010 Games in Vancouver. The feathers can also be seen to symbolize our arms stretched up and open, welcoming and extending respect to all visitors. It is the tradition of our people to welcome visitors, or to compliment for something well done, by saying: "I hold my hands up to you."

For more information about the FHFN, contact:

Tewanee Joseph, Executive Director and CEO

Four Host First Nations Secretariat

7th Floor, 3585 Graveley Street
Vancouver, B.C. V5K 5J5

Tel:(778) 327-5775

Email: tjoseph@fourhostfirstnations.com

Website: <http://www.fourhostfirstnations.com>

Letter from BCANDS' Member Continued...

Barry, was 48 years old and had Myatonic Dystrophy. This illness causes from birth, a developmental and physical disability that is progressive. The limbs, legs, and arms get weaker, to the point that eventually the person needs a wheel chair.

My brother came from a reserve called Wasauksing First Nation in Parry Sound, Ontario; an Ojibway Nation. He was adopted as a baby to the Baxter family who adopted all their children (two Aboriginal, two non-Aboriginal). He lived in Victoria for over 40 years. As Barry grew up he experienced the frustration, grief and racism of being Aboriginal and disabled. He bravely lived his life in a quiet way. He experienced so many hardships such as being conned by thieves, beaten and assaulted, and the

physical and mental barriers of day-to-day living. These experiences did not change my brother's nature. He loved to joke and tease people. He loved to meet new people, go traveling or camping, and take road trips, if his health allowed. One of his favourite past-times was going for rides on his scooter. He also loved animals and had his cat for 13 years. My brother was a good person but had few friends to visit. Barry was a member of BCANDS (on my urging, since I knew of the good work of your organization). However, he was shy to participate in events. On December 19, 2006 Barry suddenly passed away. It was a great shock for me. I miss him every day. I know that Barry would be proud that he contributed to someone else and their life by donating this mobile equipment. Mobility was a very

important aspect to Barry's life. It truly was the most important in terms of his quality of life. So on behalf of our family I wanted to share a little bit about the donation and person behind it.

Chi-Miigwetch,

BCANDS for all your good work!

With Respect,

Patricia Baxter



On behalf of BCANDS' staff, board, and membership, we extend our heartfelt gratitude and appreciation for your exceptional donations. We were able to quickly locate 2 members who needed this equipment, and have since delivered the items to their new homes. □

A Message from Executive Director - Robert Harry

Dear Members of BCANDS

The Annual General Meeting is set for October 29th, 2007 and will be held at the Saanich Agriculture Fairgrounds in Saanichton. The AGM starts at 9:00 am and will conclude at 12:00 pm with lunch.

There are two Board positions that are open for nomination and election. Three positions

have another year left on their two year term. Those three positions are currently held by Stephen Lytton, Ruby Reid and David Thomas. Frazer Smith and Annie Morgan's terms will be expiring.

Many thanks to the Board and Staff of BCANDS for there work during the past year. With everyone working together, BCANDS is very stable financially. The staff has been

particularly helpful and has worked extremely hard this past year.

I look forward to seeing you at the Annual General Meeting.

Sincerely,

Robert Harry
Executive Director
BCANDS



October is breast health month!

BC Cancer Agency medical experts recommend that women aged 40 to 79 have a screening mammogram at least every two years. Having regular screening mammograms has shown to reduce deaths from breast cancer in BC women by 25%. Early detection of breast cancer means more treatment options and a better chance for recovery.

Screening Mammography Program (SMP) offers free, cost-effective screening mammography to all BC women ages 40 to 79 - without a doctor's referral. (Screenings may miss some breast cancers. If you notice a new change in your breast, see your doctor immediately). To

book your screening mammography in BC, call 1-800-663-9203.



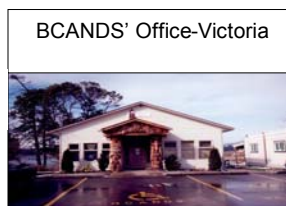
Mobile Van Services

The Screening Mammography mobile van visits approximately 100 additional communities throughout BC at least twice a year including the [Interior, Kootenay, Okanagan, Vancouver Island, Queen Charlottes, Sea-to-Sky Corridor and Northern BC, Lower Mainland](#). Call 1.800.663.9203 to book an appointment.

What's Happening at BCANDS?

SNAP--The Society of Special Needs Adoptive Parents is a large resource library which consists of holdings on special needs, adoption and parenting. Because of funding cutbacks, SNAP has been operating on a small budget and can no longer offer library services. They have graciously offered BCANDS to take on their holdings and use them as they're meant to be used-for clients and communities.

The library consists of over 15,000 records in the catalogue including resources on Asperger syndrome, autism, attachment issues, and Down syndrome, along with parenting tips and strategies and much more. In fact, the collection has one of the largest selections of materi-



als on Fetal Alcohol Spectrum Disorder (FASD) in the country! We will let you know as soon as we have this up and running.

A special thanks and acknowledgment to Jennifer Lee, Editor + Production Manager, Groundwork Press Creative Consultant, and team from SNAP Promotions, for the privilege of continuing on with this valuable resource. For more information you can go to SNAP website: www.snap.bc.ca



Presented by BCANDS
This Fall
Trauma & Healing
PTSD Workshops



We will post the information on these workshops as they become available.

New Column Next Issue - Your Voice



Included in this column will be what you, the membership, wants to contribute. Questions? Birthdays? Announcements? Comments? Please submit your voice to carrie@bcands.bc.ca.

Free Online Training Opportunity for Persons with Disabilities

The Canadian Society for Social Development has spaces left in their award-winning Internet Business Development for Entrepreneurs with Disabilities (IBDE) web design program for the November 2007 intake. This accredited course gives students real skills to use in the online marketing of their own business, starting their own web design venture working with other small businesses, or embarking on a career with a web design firm that can provide telework as a web designer.

Tuition costs for this course are covered by Human Resources and Social Development Canada and funding is available for their course supplies in most areas.

The program is specifically designed to meet the needs of people with disabilities wishing to strive for financial independence.

Sign up today at:

<http://www.ibde.ca/signup>.

A brochure and poster can be downloaded here:

<http://www.cssd-web.org/?q=en/about/promo>

Also at this site you will find information on a Business Abilities program where you can learn about successfully starting your own home-based business. This program is funded by the Opportunities Fund for all Canadians with disabilities who would like to explore self employment.

Annual General Meeting 2007

Annual General Meeting:

For information and registration please visit our website: www.bcands.bc.ca

Date: October 26, 2007

Time: 9 AM - 12 Noon

Place: 1528 Stelly's Crossroads, Saanich-ton, BCTwo Positions for Nomination

Register by October 15th to be included for the catered lunch buffet!

AGM 2007

BCANDS Board of Directors

President, Frazer Smith, Brentwood Bay
Vice-President, Stephen Lytton, Vancouver
Secretary/Treasurer, Ruby Reid, Nanaimo
Director, Annie Morgan, Kitimaat
Director, David Thomas, Esquimalt

A Special Thank You to our Funders



"We acknowledge the financial support of the Province of BC through the Ministry of Aboriginal Relations and Reconciliation"



~ BCANDS Resource Centre ~ Online Library ~ Complimentary Resources ~

Since 1998, BCANDS has been managing the Resource Centre on behalf of the First Nations and Inuit Health program of Health Canada.

We are responsible for lending health resource information materials to First Nations practitioners and those who serve First Nations in BC.

The Resource Centre is readily available to provide:

- ✓ Information in kits, charts, books, manuals, reports, videos and CDs through our lending library system.
- ✓ Complimentary health promotion & prevention material, health awareness & information resources to Aboriginal health practitioners and others in Aboriginal communities.
- ✓ Parenting & prenatal educational packages to local First Nations health centres.
- ✓ Assistance through community visits, conferences, special events or any type of gathering with a health related theme.

For more information about BCANDS' Health Resource Centre, contact:

Addie Taylor TF: 1-888-815-5511 Local: (250)381-7303 Email: addietaylor@bcands.bc.ca

Upcoming Events

Date: October 11-13, 2007
Event: 8th Annual National Aboriginal Women in Leadership Training Conference, "Building Leadership from Within"
Location: Plaza 500 Hotel, 500 West 12th Ave, Vancouver, BC
Contact: First Nations Training & Consulting Services Tel: (250) 652-7097 or email: office@fntcs.com

Date: October 19-21, 2007
Event: 2007 Spirit of Excellence Symposium, "Building for Our Future."
Location: Hilton Vancouver Airport Hotel, 5911 Minoru Blvd., Richmond, BC
Contact: ASRA Office, (250) 544-8172

Date: October 29, 2007
Event: BC Aboriginal Network

on Disability Society 16th Annual General Meeting
Location: Saanich Agriculture Fairgrounds
 1528 Stelly's Crossroads, Saanichton, BC
Contact: Carrie Tom, carrie@bcands.bc.ca
 1-888-815-5511

Please see location for specific date in your community

Event: Sisters In Spirit Community Engagement Workshops
Location:
 1. Kamloops (11/02/07)
 2. Nanaimo (11/06/07) &
 3. Prince Rupert (11/09/07)
Contact: Native Women's Association of Canada
 Toll Free: 1-800-461-4043

Date: March 17-20, 2008
Event: Gathering Our Voices

2008, Provincial Aboriginal Youth Conference
Location: Victoria Conference Centre
 Victoria, BC
Contact: Ken Watts, Youth Conference Coordinator, BC Association of Aboriginal Friendship Centres, kwatts@bcaafc.com

Date: May 14-16, 2008
Event: Vancouver Aboriginal Child & Family Services Society's 2nd Conference on Aboriginal Best Practices in Child Welfare. "Honouring Our Children and Youth."
Location: Coast Plaza Hotel, Vancouver, BC
Contact: VACFSS, Toll Free: 1-877-982-2377

Calendar of Health Promotion Days 2007

- * **Autism Month** – For information go to The Autism Society Canada’s website at: www.autismsocietycanada.ca
- * **Celiac Awareness Month**– For information got to The Canadian Celiac Association’s website at: www.celiac.ca
- * **Eye Health Month**– For information go to The Canadian Association of Optometrists website: www.opto.ca
- * **Influenza Immunization Awareness Month**– For information go to Health Canada’s website: www.hc-sc.gc.ca
- * **Learning Disabilities Awareness Month**- For information go to The Learning Disabilities Association of Canada’s website: www.ldac-taac.ca
- * **Lupus Awareness Month**– For information go to Lupus Canada’s : www.lupuscanada.org
- * **Occupational Awareness Month**– For information go to The Canadian Association of Occupational Therapists website: www.caot.ca
- * **Psoriasis Awareness Month**– For information go to the Psoriasis Society of Canada’s website www.psoriasisociety.org
- * **SIDS Awareness Month (Sudden Infant Death Syndrome)**- For more information go to the Canadian Foundation for the study of infant deaths website: www.sidscanada.org
- * **Women’s History in Canada**- For information go to the Health Canada’s, Status of Women Canada’s website: www.swc-cfc.gc.ca
- * **Sept 30-Oct 6- Mental Illness Awareness Week**- For information go to the Canadian Psychiatric Association’s website: www.cpa-apc.org
- * **Oct 1-5- International Walk to School Week**- For information go to the Go for Green’s website: www.goforgreen.ca
- * **Oct 7-13- Fire Prevention Week**-For information go to the Fire Prevention Canada’s website: www.fipreca.ca
- * **Oct 17-23- Nt’l School Safety Week**-For information go to the Canada Safety Council’s website: www.safety-council.org
- * **Oct 22-28-Healthy Workplace Week**-For information go to the Healthy Workplace Week’s website: www.healthyworkplaceweek.ca
- * **Oct 1- Int’l Day for Older Person**-For information go to UNA Canada’s website: www.unac.org
- * **Oct 2- World Habitat Day**-For information go to UN-Habitat’s website: www.unhabitat.org
- * **Oct 10- World Mental Health**-For information go to the World Federation for Mental Health’s website: www.wfmh.org
- * **Oct 10- Int’l Day for Natural Disaster Reduction**- For information go to UNA Canada’s website: www.unac.org
- * **Oct 16- World Food Day**- For information go to UNA Canada’s website: www.unac.org
- * **Oct 17- Int’l Day for the Eradication of Poverty**-For information go to UNA Canada’s website: www.unac.org
- * **Oct 18-Persons Day in Canada**: For information go to Health Canada’s Status of Women website: www.swc-cfc.gc.ca



16th Annual General Meeting 2007 B.C. Aboriginal Network on Disability Society

1179 Kosapsum Crescent, Victoria, BC V9A 7K7
Tel: (250)-381-7303 (Fax): 250-381-7312 Toll Free: 1-888-815-5511

Date: Monday, October 29, 2007
Time: 9:00 AM to 12 Noon

Location: Saanich Agriculture Fairgrounds
1528 Stelly's Crossroads, Saanichton, BC

PLEASE HAVE YOUR REGISTRATION FORM SUBMITTED BY OCTOBER 12, 2007. FORMS WILL BE ACCEPTED VIA FAX, MAIL, EMAIL: carrie@bcands.bc.ca, OR DROP OFF AT THE ABOVE CONTACT INFORMATION. LATE SUBMISSIONS ARE EXCLUDED FROM THE CATERED LUNCH BUFFET.

Registration Form

Name: _____

Street Address: _____ City: _____

Postal Code: _____ Tel: () _____

Please sign below indicating that to the best of your knowledge you are a member in good standing. Note: You must be a general member in good standing to nominate, vote and attend the Annual General Meeting.

Signature: _____ Date: ____/____/ 2007
Month Day

AGENDA

- 900-----Opening Prayer
- 915-----Welcoming from President, Frazer Smith
- 1000-----Executive Director's Report, Robert Harry
- 1030-----Audit Report, Jeety Bhalla
- 1045-----Electoral Officer's Report (TBA)
- 1130-----Results of Elections
- 1200-----Lunch & Adjournment

***B.C. Aboriginal Network
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